

The registration is open!

THE WORK CREATIVE

The Work of Byron Katie meets the healing art of singing

Join us for a transformative weekend retreat where the powerful inquiry method of Byron Katie meets the healing art of singing and vocal expression. Led by two incredible Irish women, Nadine Ferris France, Certified Facilitator of the Work and Eimear Crehan, vocal powerhouse. Discover how to go deeper into self-inquiry and uncover inner peace through the combined practices of 'The Work' and the use of your own voice. With live music throughout, this weekend promises deep learning, healing, growth and change, as well as lots of laughter, fun, joy and connection. The Work Creative is a unique offering created by Eimear and Nadine.

We've had an amazing response to the announcement of our **"The Work Creative goes Netherlands"** retreat, and we're excited to let you know that registration is now open!

We've found a truly paradise-like spot to give this retreat the intimate, valuable setting it deserves. At our training location 'Waldijk 15', we'll get to spend these days together diving deep, singing, laughing, swimming, and maybe even sweating a bit! And Barbara will spoil us with all the delicious food she's preparing.

Starting Thursday afternoon, you'll be completely pampered—everything has been taken care of from start to finish with love and attention.

Attached are some photos to give you a feel for the magical place that Geert and Barbara have created and where we'll have exclusive access during the retreat. From comfy sleeping studios to a garden house, a chalet, and fantastic retro caravans, everything is set up on a cozy scale. For the hardcore among us (and we know you're out there!), there's even a natural swimming pool in the garden—so don't forget your swimsuit!

Spots are limited, so make sure to sign up as soon as possible. Quick decision-makers get an early bird discount of €50 on the price, which is valid until Sunday, November 17. After that, regular pricing applies.

We can't wait and look forward to welcoming you in June 2025!

Love
Nadine & Eimear
Marianne & Mette

THE DETAILS

When

Arrival on Thursday, June 26, between 3:00 and 5:00 PM

Departure on Sunday, June 29, in the afternoon—after lunch 4 days (3 nights)

Where

'Waaldijk 15 Natuurlijk Trainen' - Dreumel, Netherlands

For Whom:

For anyone interested in The Work by Byron Katie—whether you're new to it or looking to go deeper.

The program kicks off on Thursday evening and wraps up with lunch on Sunday afternoon.

Led by

Nadine Ferris France is a Certified Facilitator, coach, writer and activist. Co-Founder and CEO of Beyond Stigma, an NGO working on stigma and shame, she has worked with hundreds of people from all around the world leading retreats and workshops, and supports individuals to identify thoughts and beliefs that cause stress, sadness, fear and shame and question their thinking to find peace in their lives. She holds a warm and safe space for participants to feel fully able to drop deeply into themselves and find connection and peace.

Eimear Crehan is a well established artist as well as a creativity coach and community leader. Founder and director of SpeakUp SingOut Music School, Eimear is a thought leader in the areas of creativity, coaching, performance, personal development and community arts. She loves nothing more than connecting with both her voice and yours and has a unique ability to help voices come out of the shadows and be heard. She is really looking forward to connecting with you on this retreat.

Accommodation

You'll be staying on this paradise-like estate, with a range of cozy sleeping options: from a charming tiny house, studios with their own kitchenette and shower, to awesome (heated!) retro caravans. All spaces are furnished with comfortable single beds, and bedding and towels are included in the price. We also have a limited number of options for single rooms.

Meals

Our private chef, Barbara, will prepare three delicious, healthy, freshly made meals daily. Fresh fruit and (healthy) snacks will also be available throughout the day. All meals are 100% vegetarian and mostly organic, with options to accommodate specific dietary needs.

Pricing

We offer four accommodation types:

- **Package A:** Shared room with private kitchenette, toilet, and shower
€699 all-inclusive
- **Package B:** Shared room with shared toilet and shower downstairs
€669 all-inclusive
- **Package C:** Shared space in the garden house or caravan with shared toilet and shower
€639 all-inclusive
- **Package D:** Private room in a caravan or garden house with shared toilet and shower
€699 all-inclusive

All packages include the full retreat program, 3 nights' accommodation, 3 breakfasts, 3 lunches, 3 dinners (3 courses each), tea, coffee, snacks, fruit, and course materials.

Find attached the cancellation policy.

Included

- Full program facilitated by Nadine & Eimear
- A Zoom session before the start of the retreat to get to know each other and prepare. Date & time will follow.
- Three nights' accommodation
- Bedding and towels
- Unlimited coffee, tea, and snacks
- Breakfast, lunch, and a 3-course dinner each day
- Access to the natural swimming pool in the garden
- Optional: a beautiful sweat lodge session led by Geert and Barbara (booked separately)

We have exclusive access to the entire location, and places are limited to keep the setting intimate.

Alcohol

This will be an alcohol free retreat. In order to get the most out of this deep work we know from years of experience that the best way to do that is to keep your head clear and in the work. We will be in process with the retreat content until late in the evenings and all throughout the days – the invitation is to nurture yourself with nature, good food, good work and great thinking.

Music

There will be live music throughout the retreat and we will be learning songs as a group. Everyone is welcome and encouraged to participate in this regardless of singing experience. There will be opportunities for sharing your voice throughout the retreat and we will have a performance on Saturday evening. You are welcome to bring an instrument if you would like to.

Sign Up

To book your ticket, please send us an email with your preferred package to: info@coachtocoach.nl

We'll then send you a payment request, and once it's completed, your spot will be confirmed.