



# Inquiry for Couples

I offer individual sessions to couples who would like to address specific issues in their lives. This work is for couples who want to:

- Discover an amazing way to communicate honestly and clearly
- Strengthen their relationship to weather storms to come
- Resolve conflicts and irritations that persist and grow
- Find a way through divorce or separation with love

I combine The Work of Byron Katie together with Coaching techniques to support you on whatever topic you want to work on. I have worked with people and couples on many issues including relationships with partners, friends, family, careers, finances, sexuality, exam stress, body image, anxiety, loss, fears, health and much more.

I recommend a package of five 1.5 hour sessions  
(individual sessions each followed by three joint sessions)

*"We went there [7-day retreat] feeling things between us were pretty good, but since coming back, we have enjoyed being with each other even more than before, and likewise with our own family and friends. Both of us are enjoying greater clarity in our relationships, and in our own work. We feel that we are better at minding each other, and also the people around us. Six weeks down the line, we both feel that this has been a positive and life changing experience between us.*

*We had not really expected the depth and intensity, or the fun. It has been one of those rare occasions where great expectations were truly well surpassed by the experience. The essential feature of the experience was the benefit of having a skilled and experienced facilitator working with us as a group, and as a couple.....thanks Nadine" , Participant Ireland*

Cost: 650e for five sessions  
Location: Zoom, Skype, Whats Ap or face-to-face  
To book email: [nadinefrance@gmail.com](mailto:nadinefrance@gmail.com)  
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Nadine Ferris France is an experienced Certified Facilitator of The Work , Executive & Life Coach and a Development Worker. She has been facilitating individuals, groups and individuals all over the world for many years.